

# Grid for Developing Healthy Missionaries

## Key Character and Behavioral Traits of an Effective Missionary

1. **Spiritual Vitality**  
Abides with Christ  
Active devotional life  
Commitment to the church and Christian community
2. **Strong marriage and family**  
They have healthy and growing relationships with their extended family, spouse, and children? Does reconciliation need to happen?
3. **Theological foundation and clarity**  
Person of the Word and prayer  
Ongoing theologian (always learning)
4. **Missional Lifestyle**  
Shares faith regularly and disciples others
5. **Emotional Health**  
Past sin issues/ baggage from life?  
Current sin struggles  
Potential issues on the field?
6. **Leadership Ability**  
Self-starter?  
What have they created and maintained?  
Is anyone following them?  
Have they multiplied themselves/ empowered others?
7. **Clarity and Strength of Call**  
They can articulate a desire, conviction, and affirmation to cross-cultural missions?
8. **Commitment to the Local Church**  
They are members of a local church, serve faithfully, and affirmed by leadership?
9. **Missiological Foundation and Clarity**  
Understanding of the World  
Cross-cultural experience  
Missiological knowledge (issues, history, best practices, etc.)
10. **Intrapersonal Character Traits**  
Understanding of self  
Understanding of suffering  
Deep dependence on God  
Abiding joy  
Track record of perseverance
11. **Interpersonal Character Traits**  
Flexibility – teachability – servant hearted  
submissive to authority – team oriented
12. **Practical Skills**  
What assets and abilities do they bring to the field?  
Do they possess the general life skills needed to thrive?